

INTISARI

Latar belakang: ASI eksklusif adalah pemberian ASI tanpa makanan tambahan lain pada bayi berumur 0-6 bulan. Penyebab adanya ibu menyusui yang tidak memberikan ASI eksklusif karena kurangnya pengetahuan dan kurangnya dukungan suami terhadap ibu sehingga ibu terpengaruh tidak memberikan ASI eksklusif. **Tujuan:** Tujuan umum penelitian ini adalah untuk mengetahui “Gambaran Pemberian ASI Eksklusif pada Bayi di Kecamatan Katingan Tengah Kabupaten Katingan tahun 2024”. **Metode Penelitian:** Metode penelitian yaitu deskriptif. **Hasil dan Pembahasan:** Gambaran Pemberian ASI Eksklusif berdasarkan Umur bayi yaitu dari umur bayi 2 bulan sebanyak 5 orang (17,24%). Berdasarkan jenis kelamin bayi yaitu Laki-laki sebanyak 11 orang (37,93%) dan perempuan sebanyak 7 orang (24,13%). Umur ibu 20-35 tahun sebanyak 13 orang (44,82%). Pendidikan ibu berpendidikan SMA/SMK sebanyak 6 orang (20,68%). Pekerjaan ibu Tidak bekerja (IRT) sebanyak 16 orang (55,17%). Tingkat pengetahuan ibu masuk dalam kategori baik sebanyak 11 orang (37,93%), Paritas ibu menyusui memiliki anak ideal ≤ 2 sebanyak 9 orang (31,03%). Dukungan suami masuk pada kategori kurang sebanyak 11 orang (37,93%). Dukungan orang tua masuk dalam kategori baik sebanyak 15 orang (51,72%). Dukungan petugas kesehatan masuk dalam kategori baik sebanyak 18 orang (62,06%). **Kesimpulan:** Perlunya meningkatkan program sosialisasi dan pendidikan kesehatan kepada para suami untuk menumbuhkan kesadaran akan pentingnya pengetahuan dan dukungan terhadap ibu dalam pemberian ASI eksklusif. Hal ini juga dikarenakan pentingnya peran suami dalam mendukung ibu untuk memberikan ASI eksklusif.

xvi + 52 hal; 2024; 17 tabel; 1 gambar

Daftar Pustaka : 24 buah (2015-2024)

Kata Kunci : Tingkat Pengetahuan, Paritas, Dukungan Suami

ABSTRACT

Background: Exclusive breastfeeding is giving breast milk without other additional food to babies aged 0-6 months. The reason there are breastfeeding mothers who do not provide exclusive breastfeeding is due to lack of knowledge and lack of husband's support for the mother so that the mother is influenced by not providing exclusive breastfeeding. **Objective:** The general objective of this research is to determine the "Image of Exclusive Breastfeeding for Babies in Katingan Tengah District, Katingan Regency in 2024". **Research Method:** The research method is descriptive. **Results and Discussion:** Description of Exclusive Breastfeeding based on the age of the baby, namely from the age of 2 months as many as 5 people (17.24%). Based on the gender of the baby, there were 11 boys (37.93%) and 7 girls (24.13%). There were 13 mothers aged 20-35 years (44.82%). Mother's education was SMA/SMK as many as 6 people (20.68%). Mother's occupation Not working (IRT) was 16 people (55.17%). The level of knowledge of mothers was in the good category as many as 11 people (37.93%), the parity of breastfeeding mothers having ideal children ≤ 2 was 9 people (31.03%). 11 people (37.93%) included husband's support in the lacking category. Parental support was included in the good category as many as 15 people (51.72%). Support from health workers was in the good category as many as 18 people (62.06%). **Conclusion:** There is a need to increase socialization and health education programs for husbands to raise awareness of the importance of knowledge and support for mothers in providing exclusive breastfeeding. This is also due to the important role of husbands in supporting mothers to provide exclusive breastfeeding.

xvi + 52 pgs; 2024; 17 tables; 1 pictures

Bibliography: 24 pieces (2015-2024)

Keywords: Level of Knowledge, Parity, Husband's Support