TODDLER ACCEPTANCE ON VEGETABLE SIDE DISH MODIFICATION AT CINTA DAYCARE PALANGKA RAYA

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ABSTRACT

Background: *Pre-school age children experience a significant biological, cognitive, and spiritual growth and development, which are influenced by their nutritional intake, genetics, physical activities, environmental stress and parenting patterns. Food provided in childcare center should aim to meet adequate nutrition intake, both quality and quantity to maintain children's health. Previous studies show toddler at Cinta Daycare Palangka Raya did not really like vegetable side dish. Therefore, its modification is expected to increase children's acceptability.*

Aim: *To analyse the effect of vegetable side modification on toddler's acceptance at Cinta Daycare Palangka Raya.*

Methods: *This study employed quasi experiment with one group pretest and posttest design towards 16 children aged 1-5 years. Comstock method was used to measure vegetable side dish leftovers. Data was analysed using Kruskal-Wallis test.*

Result: *The highest acceptability rate was steamed schotel tofu (75%), followed by satay tempeh (31.25%), tempe bacem (18.75%) and tempeh balls (12.5%). Toddlers did not like perkedel tempeh.*

Conclusion: *There was a significant effect on modification of steamed s chotel tofu on toodlers acceptance at Cinta Daycare Palangka Raya (p=0.00)*

Keywords: *vegetable side dish modification, food acceptance, food leftover, daycare*

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